



# Move 60 Teens! After-School Program



Move 60 Teens! is a free after-school program that will encourage and empower teens to become more active and adopt healthy behaviors. Please fill out all three application forms and return to the main office. Application forms that are completed (and not missing any information) will be considered for registration. You will be contacted by phone to complete the registration process. If you have any questions about the registration process please call (425) 670-5386.

Student Name \_\_\_\_\_

Birthdate \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

E-mail \_\_\_\_\_

Cell Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

School Name \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_

Parent's / Guardian Name \_\_\_\_\_

Parent / Guardian Phone \_\_\_\_\_

Parent / Guardian E-Mail \_\_\_\_\_

**Please indicate your first and second choice of programs you are applying for:**  
(Place a "1" by your first choice and a "2" by your second choice, if applicable)

- ☐ Team XTreme 1(Mon / Wed)(*only* AMS/BTMS) ☐ Team XTreme 2(Tues / Thurs)(*only* CPMS/MMS)  
☐ Snack Attack! (Fri)(*only* CPMS/MMS)

*The free Move 60 Teens! after-school programs are from 2:30pm-4:30pm. There are no programs on non-school days and holidays. Free transportation is provided from the school to the Lynnwood Recreation Center where the programs take place. Free transportation is provided at the end of the program by the City of Lynnwood to take the students home. Because of a limited amount of space, we can only accept between 14-17 participants per school, so acceptance will come on a first come, first served basis. If more participants apply, we will have a wait list.*

**Voluntary Information:** (Information used for Grant data reporting only)

Gender: ☐Male ☐Female

Race: ☐Hispanic/Latino ☐African American ☐Asian American  
☐Native American/Alaska Native ☐Native Hawaiian/Pacific Islander  
☐White/Caucasian ☐Other Race

Age: ☐11 ☐12 ☐13 ☐14 ☐15

Income: ☐Free lunch ☐Reduced Lunch ☐Does not apply